

ACHIEVING FINANCIAL WELLNESS

Emergency Savings

For life's little emergencies



(Uh-oh)

Sometimes life throws us a curveball. And when it does, having an emergency fund can mean the difference between a financial emergency and a serious setback. It's one of the fundamentals of a financial wellness strategy.

How much?

Starting out, T. Rowe Price suggests you aim to establish an emergency fund of between \$1,000 to \$5,000.

\$5,000 \$1,000



Patience pays

Building an emergency fund can take time, so be patient. You may want to establish a realistic time frame to achieve your emergency fund goal.



Have it when you need it

An emergency fund won't be much help if you can't get to it right away. An **interest-bearing checking or savings account** may be a good place to deposit your funds. Remember, it's an emergency fund, not a long-term investment.



Looking ahead

Once you've established a basic emergency fund, you can aim a little higher. A useful benchmark is to have emergency savings sufficient to cover **three to six months of expenses**. Creating a household budget will suggest your target amount. Keep that goal in mind and move forward at your own pace.





You'll find a wealth of tools and resources for building financial health at **rps.troweprice.com**. From the homepage, click the Financial Wellness tab.

T. Rowe Price Retirement Plan Services, Inc.