



After the Fed pivot, what's next?

From the Field
February 2024

Key Insights

- Reduced expectations that the Federal Reserve will begin cutting interest rates in March have left investors wondering when—and how far—U.S. rates will fall in 2024.
- Based on past Fed hiking and cutting cycles, we expect modest rate cuts, although the Fed's actions will be influenced by inflation and labor market conditions.



Tim Murray, CFA
Capital Markets Strategist
Multi-Asset Division

Following the Fed's unexpected pivot away from monetary tightening in December 2023, futures markets aggressively began to price in seven rate cuts in 2024, far exceeding the three cuts of 25 basis points (bps)¹ each projected in the Fed's Summary of Economic Projections.

Since then, however, market optimism has cooled, reviving questions about when and how far rates will fall this year.

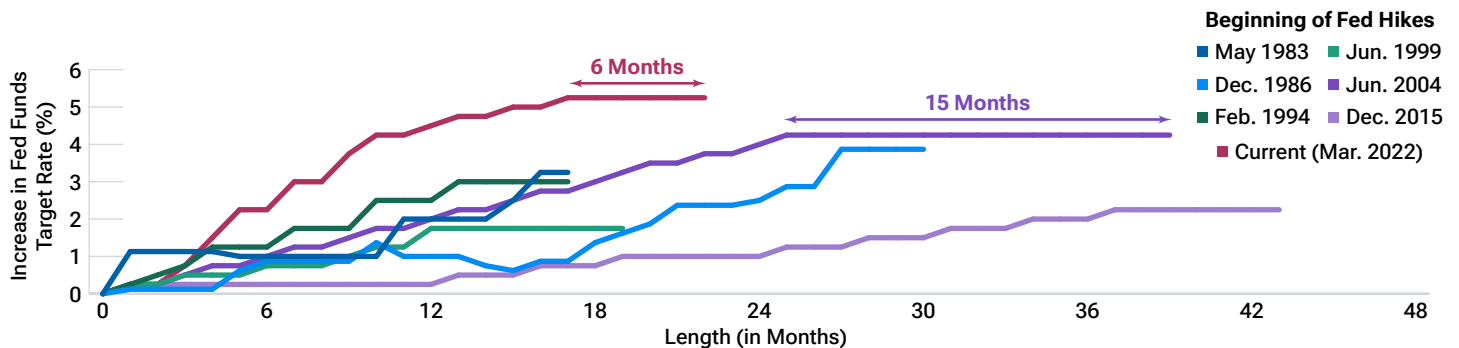
In the past six Fed hiking cycles since 1980, the first rate cut occurred 6.7 months, on average, after the final rate

hike (Figure 1). At the end of 2023, futures markets were pricing in a more than 80% chance of a March rate cut. By January 23, 2024, futures markets were projecting a full cut in May. Since the Fed has been on pause since July 2023, a rate cut in March would be nine months

¹ A basis point equals 1/100th of a percentage point.

When will the Fed start cutting rates?

(Fig. 1) Fed hiking cycles



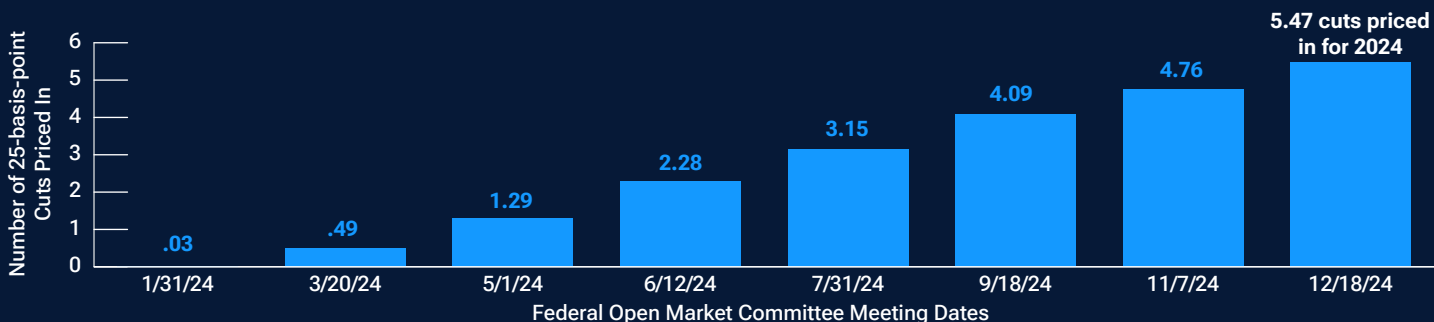
1980 to January 23, 2024.

Past results are not a reliable indicator of future results. Actual outcomes may differ materially from forward estimates.

Source: Bloomberg Finance L.P.

How many Fed cuts in 2024?

(Fig. 2) Cumulative number of rate cuts priced in by Fed funds futures market



As of January 23, 2024.

Actual outcomes may differ materially from forward estimates.

Source: Bloomberg Finance L.P.

A basis point is 1/100th of one percentage point.

after the last hike. Only during the hiking cycle that began in June 2004 was there a longer pause, one which lasted 15 months.

A review of the past seven Fed cutting cycles since 1980 shows that the average rate reduction in the first nine months of each cutting cycle was 2.5%, an equivalent of 10 25-bp cuts. However, these reductions varied widely—from 75 bps to 800 bps—reflecting the varying economic environments.

During five of the past seven cutting cycles, the U.S. economy went into recession. The remaining two cycles—those starting in September 1984 and June 1995—were “soft landings,” which provide a better guide in the current economic environment, in

our view. In the two soft-landing cycles, rates declined by an average of 23.5% from the peak level. Applied now, the same percentage reduction would lower the federal funds rate target from 5.5% to 4.2%—equaling 5.2 cuts of 25 bps each. Notably, as of January 23, the funds futures market was pricing in a similar outcome, 5.47 cuts in 2024 (Figure 2).

If the U.S. economy remains on track for a soft landing, we expect modest rate cuts in 2024. However, the Fed’s actions will depend heavily on inflation and labor market conditions. If inflation heats up, the pace of rate cuts is likely to slow considerably. But if the labor market shows signs of extreme distress, the Fed could speed up cuts to try to avoid a recession.

INVEST WITH CONFIDENCE®

T. Rowe Price identifies and actively invests in opportunities to help people thrive in an evolving world, bringing our dynamic perspective and meaningful partnership to clients so they can feel more confident.

T. Rowe Price cautions that economic estimates and forward-looking statements are subject to numerous assumptions, risks, and uncertainties, which change over time. Actual outcomes could differ materially from those anticipated in estimates and forward-looking statements, and future results could differ materially from historical performance. The information presented herein is shown for illustrative, informational purposes only. Any historical data used as a basis for analysis are based on information gathered by T. Rowe Price and from third-party sources and have not been verified. Forecasts are based on subjective estimates about market environments that may never occur. Any forward-looking statements speak only as of the date they are made. T. Rowe Price assumes no duty to, and does not undertake to, update forward-looking statements.

Additional Disclosure

CFA® and Chartered Financial Analyst® are registered trademarks owned by CFA Institute.

Important Information

This material is provided for informational purposes only and is not intended to be investment advice or a recommendation to take any particular investment action.

The views contained herein are those of the authors as of February 2024 and are subject to change without notice; these views may differ from those of other T. Rowe Price associates.

This information is not intended to reflect a current or past recommendation concerning investments, investment strategies, or account types, advice of any kind, or a solicitation of an offer to buy or sell any securities or investment services. The opinions and commentary provided do not take into account the investment objectives or financial situation of any particular investor or class of investor. Please consider your own circumstances before making an investment decision.

Information contained herein is based upon sources we consider to be reliable; we do not, however, guarantee its accuracy.

Past performance is not a reliable indicator of future performance. All investments are subject to market risk, including the possible loss of principal. All charts and tables are shown for illustrative purposes only.

T. Rowe Price Investment Services, Inc.

© 2024 T. Rowe Price. All Rights Reserved. T. ROWE PRICE, INVEST WITH CONFIDENCE, and the Bighorn Sheep design are, collectively and/or apart, trademarks of T. Rowe Price Group, Inc.