
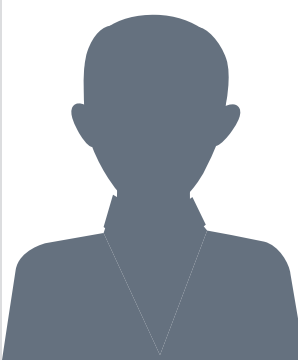



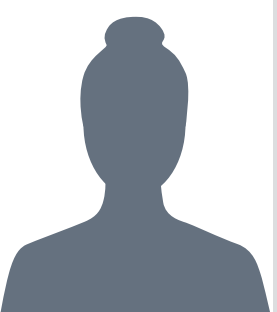


401(k) plans boost retirement confidence

Are 401(k) savers more confident about their financial futures? Our research says yes.

Participating in a 401(k) plan **boosts retirement confidence**—nearly as much as having an extra \$300,000 in assets does.

 <p>Omar</p> <p>Age: 50</p> <p>Education: College Graduate</p> <p>Marital status: Married</p> <p>Household assets: \$150,000</p> <p>Household income: \$80,000</p> <p>Participates in a retirement plan? YES</p>	 <p>Peter</p> <p>Age: 50</p> <p>Education: College Graduate</p> <p>Marital status: Married</p> <p>Household assets: \$150,000</p> <p>Household income: \$80,000</p> <p>Participates in a retirement plan? NO</p>	<p>Omar is 16% more likely to be confident about retirement than Peter.¹</p>
--	---	--

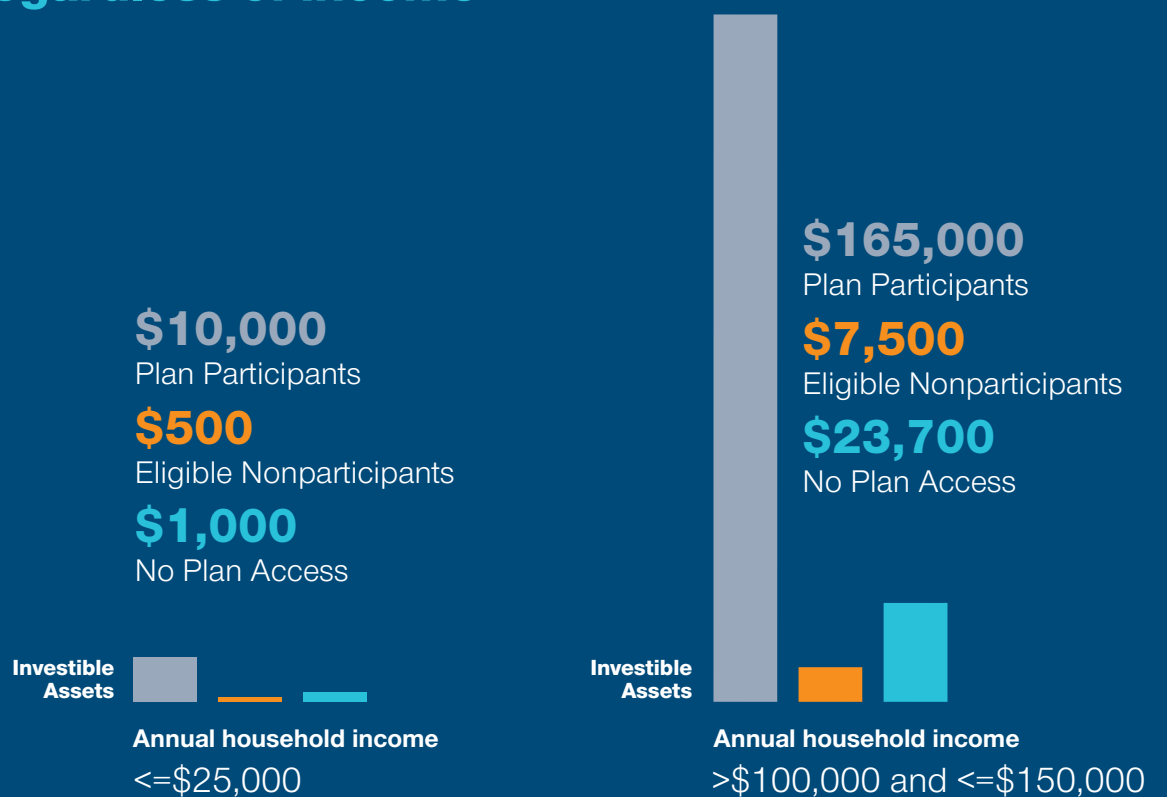
 <p>Kim</p> <p>Age: 50</p> <p>Education: Some College</p> <p>Marital status: Married</p> <p>Household assets: \$350,000</p> <p>Household income: \$80,000</p> <p>Participates in a retirement plan? YES</p>	 <p>Emily</p> <p>Age: 50</p> <p>Education: Some College</p> <p>Marital status: Married</p> <p>Household assets: \$50,000</p> <p>Household income: \$80,000</p> <p>Participates in a retirement plan? YES</p>	<p>Kim is 22% more likely to be confident about retirement than Emily.¹</p>
---	---	---

On average, 401(k) participants who earned \$25,000 or less saved:

10x more than peers without access to a 401(k) plan

20x more than peers who were eligible but didn't save in their 401(k) plan

401(k) participants have higher investible assets **regardless of income**



¹Based on results from an ordered logistic regression where level of confidence around retirement was regressed on plan participation, household income, investible household assets, age, gender, marital status, education, and race. Responses to "How confident are you about retirement?" on a scale of 1 (not at all) to 10 (very); 1 to 6 for non-confident, 7 to 10 for confident.

Source: Calculations from the T. Rowe Price Retirement Saving and Spending Study (2019).

T. Rowe Price Investment Services, Inc. and T. Rowe Price Retirement Plan Services, Inc., are affiliated companies.

T. ROWE PRICE, RETIRE WITH CONFIDENCE, and the bighorn sheep design are, collectively and/or apart, trademarks of T. Rowe Price Group, Inc. © 2019

T. Rowe Price. All rights reserved.

T. Rowe Price Investment Services, Inc.