



Balancing Saving for College and Retirement Podcast

Finding the right balance between saving for future college expenses while saving for retirement can feel overwhelming. How do you strike the right balance between these two financial goals?

The CONFIDENT CONVERSATIONS™ podcast series, created by T. Rowe Price, features experts sharing their perspectives and provides tangible strategies to use on a range of topics. In the [Balancing Saving for College and Retirement podcast](#), host Christine Akins is joined by retirement expert Joshua Dietch and college savings expert Alyson Luszcz to address how to save for college while not creating a cash flow problem in retirement. The podcast also features ways in which employers may offer assistance with paying down student debt or saving for college.

The podcast is also available on iTunes or available for download [here](#).

To learn more about different types of savings strategies such as automatic monthly contributions, direct deposit, or gifting, visit our T. Rowe Price College Savings Plan [account holder](#) page.

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