



# Headwinds for Equity Markets Starting to Diminish

Disinflationary forces point to a more benign environment.

February 2023

## KEY INSIGHTS

- Inflation appears to be peaking, while supply issues are easing. A likely peak in inflation coincides with equity market valuations that have become more attractive on a 3-, 5-, and 10-year average basis.
- Potential earnings downgrades, however, increase the importance of finding segments of the market where earnings remain resilient.
- Companies able to compound and grow earnings through the next stage of the equity cycle are likely to be rewarded.



**Laurence Taylor**  
*Portfolio Specialist, Global Equities*

Markets suffered heavy losses last year as many factors combined to produce higher levels of macroeconomic volatility. From surging inflation to subsequent aggressive central bank tightening, Russia's war on Ukraine to China's

zero-COVID policy, these unexpected and persistent shocks tested investors' resolve. Looking forward, we expect volatility to persist, but we see increasing signs that the headwinds that characterized much of 2022 will begin to dissipate as we move through the year.

## Markets Shifting Focus to Potential Tailwinds

Weighing multiple complex factors will demand active approach

### + Positives

- Inflation peak and fade appears to be happening
- COVID-driven supply issues are easing
- Equity valuations more attractive
- Positioning remains pessimistic
- Corporate and consumer debt levels are low



### - Negatives

- Extreme macroeconomic and political uncertainty
- Recession to low-growth environment
- Demand destruction policy and impact on corporate profits
- Very high inflation
- Virus variants and supply chain disruption

As of January 2023.  
For illustrative purposes only.  
Source: T. Rowe Price.

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### Why 2023 May Be More Positive for Equity Markets

Part of the reason why 2022 was so tough for investors was the sheer acceleration and magnitude of interest rate rises throughout the year. With inflation ballooning to 40-year highs, the U.S. Federal Reserve (Fed) embarked on delivering some of the sharpest sets of interest rate hikes in recent history (Figure 1). However, with recent inflation numbers showing signs of weakening, we are expecting the Fed to begin to slow and then pause its tightening cycle.

But why should inflation fall in 2023 and not enter a 1970s type spiral? We believe that inflation is likely to peak and fade from highs, in part driven by the same factors that contributed to the initial inflation spike.

Supply chain issues driven by the pandemic are now fading fast as China reopens and the world learns to live with COVID. While we have not resolved all the complex issues surrounding global supply chains—which broke down completely at the peak of disruption—huge progress has already been made, with supply conditions improving markedly.

At the same time, demand is falling and unemployment rising, given higher costs and an uncertain growth outlook.

Commodity prices have continued to weaken. Oil is trading at around USD 80 a barrel currently, while the forward curve points to a range of USD 60 to USD 70 per barrel further in the future. Gasoline prices likewise are flat, year on year, while other commodity prices have also eased back from their highs.

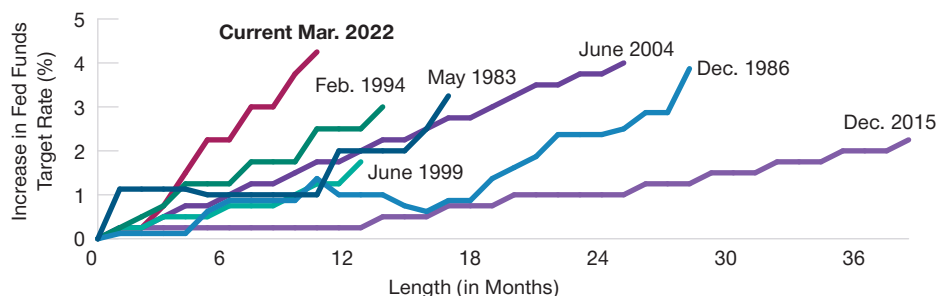
These factors take time to feed into neutral and then potentially disinflationary forces, but we expect that by summer we are likely to be at such a point, even before other disinflationary forces stemming from a low-growth world begin to exert an influence. If inflation falls below the fed funds rate, this historically indicated a peak of the monetary tightening cycle.

### Growth Versus Value—More Balanced and Nuanced

Growth stocks underperformed value and defensive stocks materially in 2022, with growth companies' valuation multiples contracting sharply from their pandemic-behavior-enhanced levels. Higher interest rates are typically bad for growth stocks, and the succession of interest rate hikes last year proved very painful.

## U.S. Federal Reserve Has Been Aggressive in Response to Inflation Spike

(Fig. 1) Delivering some of the sharpest sets of interest rate hikes in recent history



As of December 31, 2022.

Data indicate start point for increase in fed funds target rate (%) and length in months the tightening cycle lasted.

Source: FactSet Research Systems Inc. All rights reserved.

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Timing a change in fortune for either style is always difficult, but with valuations for defensives now elevated and energy and defensive sectors well owned, the case for owning these has weakened. Equally, while there is still a premium apparent within segments of the growth universe, that premium has narrowed materially versus value stocks. With broad market earnings downside increasingly becoming the focus for investors (for value, defensives, and growth stocks alike), we believe profit resilience and companies able to maintain shareholder returns will become even more important.

We are not making a specific style call but believe this is a moment in time when the market may very well return to earnings as the driver of equity returns, in what is likely to be a low-growth or even recessionary world. If equity markets become more range-bound and less directional, then stock picking is likely to take on even more significance, as will compounding of shareholder returns.

### Equities Looking More Attractive on a Risk-Adjusted Basis

Of course, no one valuation metric offers an investor “the answer,” with the last three years demonstrating that valuations are contextual. What we can say, however, is that interest rates are much higher than they were a year ago, while inflation appears to have peaked. But there are risks of earnings downgrades in 2023 as margins are pressured by inflation and low growth. It will therefore be important to search for segments of the market where you can find earnings resilience and even possible improvement, and that is where we are working hard.

Currently, equity markets are trading at an average valuation level as opposed to bubble or expensive levels, while positioning within markets remains decidedly defensive. That is clearly different to markets being extremely undervalued or pricing in a crisis. But a price-to-earnings ratio below the 3-, 5-, and 10-year average is, in our opinion, a relatively solid starting point when thinking about forward risk-adjusted returns.

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**Capital risk**—The value of your investment will vary and is not guaranteed. It will be affected by changes in the exchange rate between the base currency of the portfolio and the currency in which you subscribed, if different.

**Equity risk**—In general, equities involve higher risks than bonds or money market instruments.

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