



# Value Has Returned to High Yield

Fundamentals are strong, and spreads are attractive.

July 2022

## KEY INSIGHTS

- Volatility has pushed high yield bond spreads to extreme levels, but we believe the asset class's fundamentals are stronger than valuations suggest.
- Recent history has shown that once European high yield spreads have reached more than 600 basis points (bps), strong returns have typically followed.
- Market prices do not reflect the credit stability enjoyed by many high yield issuers on the back of lower borrowing costs.

Volatility has propelled high yield bond spreads to extreme levels, but we believe the asset class's fundamentals remain solid, however, and that current valuations do not reflect its underlying strength. This suggests that high yield bonds are cheap by historical standards—and could offer a compelling buying opportunity for investors seeking consistent income potential in the uncertain period ahead.

Anxiety over rising inflation, interest rate hikes, the war in Ukraine, and low growth have sent asset prices tumbling this year, and high yield bonds have been no exception. At the end of June, the effective yield of the ICE BofA Euro High Yield Index had risen to 7.3% from 2.8% at the beginning of the year. Over the same period, the spread on the index had widened from 3.3% to 6.4%.

## The Buffer Is Back

A unique feature of high yield debt is the yield “buffer” that it offers. High coupons should provide consistent and meaningful income, which helps dampen price volatility and has delivered attractive risk-adjusted returns over time. This year's jump in yields could be a sign that this buffer is back again, providing investors with a powerful compounding effect—June's yield to maturity of 7.58% compared with an average of 4.38% over the past 10 years.<sup>1</sup>

Recent history has shown that once European high yield bond spreads have reached yield-to-worst levels of more than 600bps<sup>2</sup>, strong returns have typically followed in subsequent periods (Figure 1). At the end of June, the spread-to-worst of European high yield debt<sup>1</sup> was 644bps.



**Mike Della Vedova**  
*Portfolio Manager, Global High Income Bond Strategy*



**Stephen Marsh**  
*Portfolio Specialist*

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— Mike Della Vedova  
*Portfolio Manager, Global High Income Bond Strategy*

<sup>1</sup>The index referred to is the ICE BofA Euro High Yield Index (see Additional Disclosure).

<sup>2</sup>A basis point is 0.01 percentage points.

## History Has Shown Performance of European High Yield Market Has Typically Bounced Back After Lows

(Fig. 1) Strong returns have followed stretched yield-to-worst levels



### Past performance is not a reliable indicator of future performance.

Performance periods shown once index spreads moved through the spread threshold and had not been at that level for the preceding 30 business days. European High Yield Market represented by the ICE BofA European Currency High Yield Index.

The date range is January 1, 2012 to June 30, 2022. The frequency of calculations is daily.

Source: ICE BoA (see Additional Disclosure). Analysis by T. Rowe Price.

“...the market is pricing in a much higher default rate because it is being largely driven by macroeconomic fears....”

— Stephen Marsh  
Portfolio Specialist

But are these stretched valuations merely reflective of higher expected default rates? It is certainly true that many high yield debt issuers face a difficult operating environment in the period ahead. On the one hand, rising energy, wage, fuel, and supply chain prices are pushing up input costs across the board; on the other, central bank rate hikes are increasing borrowing costs, which will reduce consumer demand—and this may ultimately lead to recession.

Firms facing higher costs and falling demand are at greater risk of default—at the end of June, the market was pricing in a default rate of just under 5% in 12 months’ time. However, the current default rate is just 0.01%.<sup>3</sup> Are the challenges firms face so formidable that the default rate is likely to rise from virtually zero to almost 5% within the next 12 months?

We do not think so. As a result of the refinancing wave of 2020–2021, most firms currently have high levels of cash relative to debt on their

balance sheets. They have been able to borrow at very low rates for a long time, enabling them to extend maturities, reduce borrowing costs, and optimize capital structures. Given these positive fundamental factors, we expect a default rate of 1.5% over the next 12 months and 2.5–3% during 2023. JP Morgan is forecasting even lower default rates of 1% over the next 12 months and 2.5% in 2023. Both of these are much lower than the 20-year average default rate of 3.2% and the 4% priced in by the market.

### Markets Are Driven by Fear, Not Fundamentals

In our view, the market is pricing in a much higher default rate because it is being largely driven by macroeconomic fears and is failing to recognize the stability that low borrowing costs brought to many high yield debt issuers. In other words, it is ignoring the fundamentals. Spreads could, of course, rise further—the U.S. Federal Reserve recently surprised everybody by hiking 75bps instead of an expected 50bps. However, even if spreads do widen

<sup>3</sup>Source: Credit Suisse, European high yield default figure, as of 30 June 2022.

further, we believe the probability of losing money over the next 12 months remains low. As Figure 1 shows, when spreads have reached 500bps to 550bps over the past 10 years, investors have gained positive average returns over the subsequent three-month, six-month, 12-month, and two-year time horizons.

While equities are primarily driven by economic growth, high yield bonds are mainly about credit stability. The

key questions for investors are whether they will receive their coupons and their principal back and how likely the firm is to default. Because the coupons on high yield bonds contribute a much higher proportion of total returns than dividends contribute for stock returns, the income profile is much smoother. For investors willing to take on additional risk in their portfolios, high yield bonds could be one of the smart choices in the period ahead.

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