

# Asset Allocation in the Era of High Inflation

Responding to changing growth and inflation dynamics.

#### **KEY INSIGHTS**

- Inflation is one of the biggest risks facing investors in 2022, made worse by the surge in energy and commodity prices that followed Russia's war on Ukraine.
- In this study we looked at which asset classes can be used to hedge against inflation, based on monthly historical data from September 1976 to December 2021.
- We provide some guidelines as to how investors could tactically adjust their portfolio asset allocation in response to changing growth and inflation dynamics.

nflation is one of the biggest risks facing investors in 2022. The risk has increased after the surge in energy and commodity prices that followed Russia's invasion of Ukraine and the subsequent sanctions against Russia. In the U.S., consumer price inflation rose in February to 7.9%-its highest rate in 40 years-with increases in food, rent, airfares, apparel, and many other items. Inflation is also headline news in other developed countries, posing severe challenges to the ultra-accommodative monetary policies of central banks. Whether high inflation is transitory or permanent has been a hotly debated topic. What is certain is that the short-term outlook has been made worse by the spike in commodities, and inflation is likely to remain elevated relative to pre-pandemic levels for an extended period.

Regardless of its path, inflation affects everyone, particularly those with longer

investment horizons. This is because inflation likely reduces our purchasing power, and over time, it can potentially result in a substantial erosion of our net worth in real terms (Fig.1). For retirees, it may also increase the risk of outliving their nest eggs. With elevated inflation in the post-pandemic recovery persisting longer than many had anticipated, it is of paramount importance to manage our portfolios well against inflation risk. It is "real growth," or the ability to grow purchasing power over time, that matters most to investors.

#### Is Gold the Best Inflation Hedge?

The next question, naturally, is which asset classes can be used to hedge against inflation? The answer seems obvious: Many believe that inflation-sensitive assets such as gold and inflation-linked government bonds (e.g., U.S. TIPS<sup>1</sup>) are the best inflation hedges. But is this really the case? April 2022



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> ...inflation affects everyone, particularly those with longer investment horizons.

<sup>1</sup> Treasury inflation protected securities, or TIPS, are U.S. Treasury bonds whose principal is indexed to the rate of inflation and hence is inflation protected. When inflation rises, the TIPS' principal value is adjusted upward.

...real assets equities responded more favorably to periods of high or rising inflation than the broad equity market... Our research shows that the same asset can display very different inflation sensitivities in different inflationary environments. More specifically, we studied if, and how, major asset classes have behaved differently toward expected and unexpected inflation. The results are shown in Fig. 2. For expected inflation, we found that short-term TIPS were a good hedge, while both long-term TIPS and gold were very poor hedges. For unexpected inflation, gold exhibited a strong beta to inflation, but both long and short duration TIPS fell short.

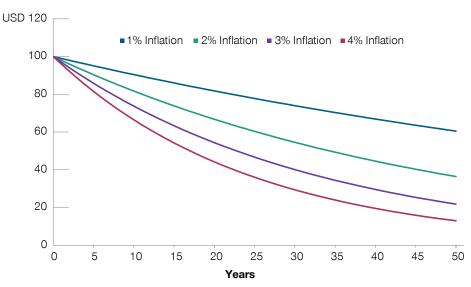
Many nominal asset classes, including traditional stocks and bonds, tend to directionally compensate for expected inflation—sometimes better than inflation-sensitive assets. But these nominal assets typically suffer from drawdowns during periods when inflation surprises to the upside. Thus, investors in a typical stock/bond portfolio face a conundrum: When times are good and inflation rises predictably, their current asset mix should rise strongly but leaves them exposed to sudden drawdowns when inflation rises unpredictably.

#### Real Assets Equities Tend to Perform Better in an Inflationary Environment

T. Rowe Price multi-asset research has found that a mix of commodities (mining, energy, and utilities) and real estate companies, blended together as "real assets equities," exhibit similarand in most cases, superior-inflation sensitivities to traditional inflation-linked bonds. This research has found that real assets equities responded more favorably to periods of high or rising inflation than the broad equity market, where returns are relatively weak, at the cost of less favorable returns during periods of low or falling inflation, where broad equity returns are relatively strong. On the contrary, TIPS provide a real rate of return guaranteed by the government, thus eliminating inflation risk, but responded much less strongly to inflation surprises and really only

#### Impact of Inflation on Long-Term Purchasing Power

(Fig. 1) Real value of USD 100 at end of period

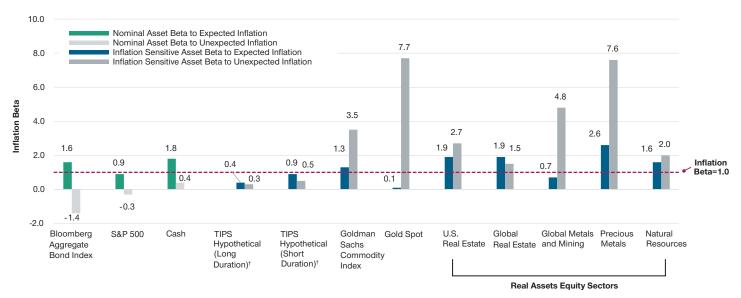


Source: T. Rowe Price. Information presented herein is hypothetical in nature. The diagram above shows the decrease of the face value of USD 100 in different trajectories due to different levels of inflation over time. The analysis is shown for illustrative, informational purposes only and does not constitute any investment advice or recommendations. It is not intended to forecast or predict future events and does not guarantee future results. Actual future outcomes may differ materially.

### Inflation Beta<sup>\*</sup> for Expected vs. Unexpected Inflation

(Fig. 2) September 1, 1976, through December 31, 2021

#### Inflation Beta for Three-Year Holding Periods



#### Past performance is not a reliable indicator of future performance.

Inflation measured by Consumer Price Index (CPI) for All Urban Consumers, non-seasonally adjusted. Expected inflation was obtained as that part of current CPI inflation that can be explained by trends in past inflation (using a regression framework), and unexpected inflation then emerges as the residual that can't be explained by recent inflation trends.

\*The inflation beta of an asset measures how much an asset's price moves (on average) in response to an increase or decrease in inflation. In Fig. 2, inflation beta provides a useful measure of each asset's ability to provide a hedge against expected and unexpected inflation.

<sup>†</sup> Data based on the TIPS return model. See Appendix for assumptions and limitations of the U.S. TIPS return model.

The above analysis is based on historical monthly index return data, September 1976 to December 2021 (sourced from Morningstar EnCorr, St. Louis Federal Reserve Economic Database, and T. Rowe Price internal sources and combined by T. Rowe Price calculations). Historical index returns are used to illustrate the hypothetical performance and characteristics of a portfolio of real assets stocks and do not represent the performance or characteristics of any T. Rowe Price product. See Appendix for a description of each sector analyzed.

Sources for index data: Bloomberg Index Services Limited, ICE BofA, London Stock Exchange Group plc and its group undertakings (collectively, the "LSE Group"), Morningstar, MSCI, Standard & Poor's, and Wilshire. Please see Additional Disclosures in the Appendix for information about this sourcing information.

preserve capital that is dedicated to TIPS. Thus, real assets equities can achieve a similar inflation hedge with a much smaller capital allocation than inflation-linked bonds.

Since expected inflation can by and large be absorbed by the growth of nominal asset classes over time, the true risk for investors lies in unexpected inflation, which, by definition, is difficult to forecast. Unexpected inflation shocks are why inflation-sensitive assets are needed, as these assets tend to perform much better in a high or rising inflationary environment while traditional assets struggle.

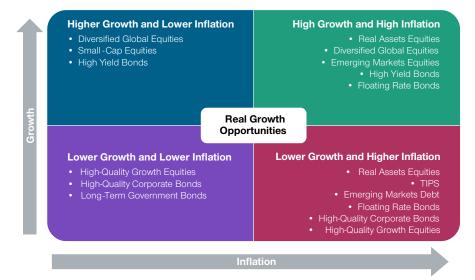
#### Tactically Adjusting Portfolio Allocation Is the Key

As such, long-term investors concerned with inflation risk or seeking real growth could consider a combination of growth-oriented and inflation-sensitive assets in strategic allocations of their portfolios, including:

 A higher equity exposure and allocations to market segments with higher growth potential, such as small-cap stocks and emerging markets equities, to hedge against expected inflation and provide growth potential. Equities in general are less susceptible to an erosion of purchasing power relative to bonds

### Seeking Durable Real Growth Across a Range of Market Environments

(Fig. 3) Tactical asset allocation opportunities



Source: T. Rowe Price. The diagram above is for informational purposes only and does not represent any investment recommendations.

given their ability to grow earnings in real terms during inflationary environments by potentially raising prices in response to higher input costs. In contrast, the real purchasing power of a nominal bond's coupon will be lessened by the impact of inflation.

2. Dedicated allocations to inflation-sensitive assets that should perform well in periods of unexpected or rising inflation, such as real assets equities and TIPS. The strategic allocation to inflation-sensitive assets may help to smooth real returns and diversify the portfolio through inflation regimes.

While nominal bonds may not act as a good inflation hedge per se, we believe they could still provide income and some potential downside risk management to an inflation-focused portfolio. The fixed income allocation can be anchored by a core exposure to nominal government and high-quality credit bonds, and complemented with higher yield-oriented exposures such as high yield bonds, floating rate loans, and emerging markets debt.

Depending on relative valuations and macroeconomic factors, the underlying components discussed above can play roles of varying importance in the portfolio. This is summarized in Fig. 3, which provides some guidelines as to how investors could tactically adjust portfolio allocations in response to changing growth and inflation dynamics with the goal of pursuing long-term real purchasing power.

A strategic allocation to inflation-sensitive assets may... smooth real returns and diversify the portfolio through inflation regimes.

## **APPENDIX**

## **1. Historical Data Sources**

| Sector                         |  | Time Period         | Index Used   |
|--------------------------------|--|---------------------|--|
|                                |  | Sep. 1976–Jan. 2002 | U.S. TIPS Return Model   |
| TIPS (Long Duration)           |  | Feb. 2002–Current   | Bloomberg U.S. TIPS Index  |
|                                |  | Sep. 1976–Jan. 2002 | U.S. TIPS Return Model   |
| TIPS (Short Duration)          |  | Feb. 2002-Dec. 2004 | ICE BofA 1–5 Year TIPS Index   |
|                                |  | Jan. 2005–Current   | Bloomberg U.S. Treasury TIPS 1–5 Year Index  |
| GSCI                           |  | Sep. 1976–Current   | S&P 500 GSCI Total Return Index  |
| Currency                       |  | Sep. 1976-Jan. 1980 | 20% Germany Money Market, 20% Japan Money Market, 20% Canada T-Bill, 20% Sweden T-Bill, 20.00% United Kingdom T-Bill   |
|                                |  | Feb.1980-Current    | 16.67% Germany Money Market, 16.67% Japan Money Market,<br>16.67% Canada T-Bill, 16.67% Sweden T-Bill,16.67% United Kingdom T-Bill,<br>16.67% Switzerland T-Bill                 |
| Global<br>Natural<br>Resources | Materials<br>(35%)                         | Sep. 1976-Sep. 1989 | 50% S&P 500 Chemicals, 35% S&P 500 Paper and Forest Products, 15% S&P 500 Metals and Mining Blend <sup>1</sup>   |
|                                |  | Oct. 1989-Dec. 1994 | S&P 500 Materials (GICS)   |
|                                |  | Jan. 1995–Feb. 2001 | MSCI World Materials   |
|                                |  | Mar. 2001–Current   | MSCI ACW Materials   |
|                                | Energy<br>(65%)                            | Sep. 1976-Sep. 1989 | S&P 500 Oil Composite  |
|                                |  | Oct. 1989-Dec. 1994 | S&P 500 Energy (GICS)  |
|                                |  | Jan. 1995–Feb. 2001 | MSCI World Energy  |
|                                |  | Mar. 2001–Current   | MSCI ACW Energy  |
| U.S. Real Estate               |  | Sep. 1976-Dec. 1977 | FTSE Nareit US Real Estate Index-Equity REIT Index   |
|                                |  | Jan. 1978–Current   | Wilshire US Real Estate Securities Index   |
| Global Real Estate             |  | Sep.1976-Dec. 1977  | 66.7% U.S. (NAREIT US Real Estate-Equity REIT Index),<br>33.3% Japan (JSRI-TSE Real Estate Index)  |
|                                |  | Jan. 1978-Dec. 1979 | 66.7% U.S. (Wilshire US Real Estate Securities Index),<br>33.3% Japan (JSRI-TSE Real Estate Index)   |
|                                |  | Jan. 1980-Dec. 1985 | 40% U.S. (Wilshire US Real Estate Securities Index), 30% Japan (JSRI-TSE<br>Real Estate Index), 30% Australia (S&P/ASX 300 A-REIT Index)   |
|                                |  | Jan. 1986–Jun. 1989 | 25% U.S. (Wilshire US Real Estate Securities Index), 25% Japan (JSRI-TSE<br>Real Estate Index), 25% Australia (S&P/ASX 300 A-REIT Index),<br>25% UK (FTSE 350 Real Estate Index) |
|                                |  | Jul. 1989-Dec. 1999 | S&P 500 Global REIT Index  |
|                                |  | Jan. 2000–Current   | FTSE EPRA/NAREIT Developed Index   |
|                                | Diversified<br>Metals<br>(83.33%)          | Sep. 1976–Sep. 1989 | 59.4% S&P 500 Metals & Mining, 6.6% S&P 500 Aluminum, 30% S&P Iron<br>Steel, 4% S&P 500 Gold & Precious Metals   |
|                                |  | Oct. 1989-Dec. 1994 | 100% S&P 500 Metals & Mining (GICS)  |
| Global<br>Metals and<br>Mining |  | Jan. 1995–Feb. 2001 | 100% MSCI World Metals & Mining  |
|                                |  | Mar. 2001–Current   | 100% MSCI ACW Metals & Mining  |
|                                | Gold and<br>Precious<br>Metals<br>(16.67%) | Sep. 1976-Sep. 1989 | 100% S&P 500 Gold & Precious Metals  |
|                                |  | Oct. 1989–Dec. 1994 | 100% S&P 500 Gold & Previous Metals (GICS)   |
|                                |  | Jan. 1995–Feb. 2001 | 100% MSCI World Gold & Precious Metals   |
|                                |  | Mar. 2001–Jun. 2010 | 100% MSCI ACW Gold & Precious Metals   |
|                                |  | Jul. 2010-Current   | 80% MSCI ACW Index Gold IMI, 20% MSCI ACW Index Precious Metals & Minerals IMI   |

<sup>1</sup> Blend as defined for Metals and Mining sector for September 1976 to September 1989.

All data series were obtained from Morningstar EnCorr unless otherwise noted and combined by T. Rowe Price to compute real assets series data. Sources: Bloomberg Index Services Limited, ICE BofA, London Stock Exchange Group plc and its group undertakings (collectively, the "LSE Group"), MSCI, Standard & Poor's, and Wilshire. Please see Additional Disclosures section for information about this sourcing information. Numbers may not total due to rounding.

## 2. Assumptions and Limitations of the U.S. TIPS Return Model

The goal of our analysis was to better understand both the potential behavior of TIPS as well as their long-term suitability as a strategic component within a diversified asset allocation portfolio.

In order to conduct a robust analysis focused on the inclusion of TIPS in a diversified portfolio, historical TIPS performance, including the higher inflation period of the 1970s and 1980s, is required.

However, TIPS were introduced in the U.S. in the late 1990s, with index data for shorter-maturity TIPS becoming available in 2002.

To develop the necessary data, our research team derived synthetic TIPS returns for periods prior to 2002 by decomposing historical nominal yields into hypothetical real yields and break-even inflation expectations based on past inflation, real gross domestic product (GDP) growth, and inflation-adjusted Treasury bill returns.

- The part of the nominal yield curve attributed to realized past inflation is assumed to be a reasonable proxy for how the market would have historically formed its inflation expectations.
- Consequently, historical real interest rates are assumed to be explained by the part of the estimation that relates historical nominal Treasury yields to real GDP growth and inflation-adjusted Treasury bill returns.

TIPS returns were modeled by assuming that an investor buys a newly issued hypothetical TIPS each month at par, holds it for a month, and sells it at the new market value. This new market value is determined by:

- Changes in the real yield
- Inflation accrual
- Passage of time, including coupon accrual

This return series serves as the basis for modeling the risk and model return characteristics of TIPS, such as nominal and real volatility and various correlations.

Material assumptions include:

- Historical nominal Treasury yields can be decomposed into a linear model of past inflation, real GDP growth, and inflation-adjusted Treasury bill returns.
- The part of the nominal Treasury yield that is thus attributed to realized past inflation is a reasonable proxy for how the market would have historically formed its inflation expectations.
- Consequently, historical real interest rates are assumed to be explained by the part of the estimation that relates historical nominal Treasury yields to real GDP growth and inflation-adjusted Treasury bill returns.
- TIPS are newly issued monthly beginning in 1972.
- Taxes are not taken into account in this model. Returns do not reflect the deduction of fees; otherwise, returns would have been lower.

Material limitations include:

- Returns are model-based and may not reflect how TIPS would have actually performed.
- TIPS are not issued monthly in reality.
- Historical expected inflation and real interest rates may have behaved differently than in the model estimations.
- Consequently, TIPS, if they had existed during the model period, might have had higher/lower or more/less volatile returns and different correlations to other asset classes than our historical model suggests.
- The model may fail to capture the true short- and long-term dynamics of TIPS returns if they had existed prior to 2002.
- Extreme TIPS market movements may occur more often than in the model.
- Our model does not directly capture liquidity effects or liquidity premiums.

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