



Five Financial Tips

When you are having a baby!

1 Review your insurance to ensure that you are protecting your growing family

Contact your current health insurance provider to determine what steps you need to take to ensure your new baby is covered by your policy.

Life and disability insurance

Make sure you have adequate coverage in the event that you (or your partner) die or are unable to work. You can often get this type of insurance at reasonable rates through your employer. Consider supplementing employer-based coverage with **term life insurance** to cover your mortgage and other debts, as well as to replace your income. You can determine the “term”, which is length of time your policy is in effect. If you die during the term you select, a benefit is paid to your beneficiary.

Disability insurance provides income to help support you and your family if you are unable to work due to illness, incapacity, or injury. Adequate short- and long-term policies are usually very affordable through employer plans. If you’re self-employed or your employer does not offer these policies, be sure to find another source of coverage.

To protect your family, consider an umbrella policy, if you don’t already have one.

- See if your employer offers **dependent care accounts**, where you put aside pretax dollars, up to a limit, for child-care.
- Consider enrolling in a **flexible spending account (FSA)** or **health savings account (HSA)** if your employer offers them and you are eligible. Both use pretax dollars to pay for qualified medical expenses.

2 Review your budget

- When it comes to a new member of your family, you want to ensure that you are prepared for the extra expenses. You could have additional medical, housing, day care, and other costs. You or your spouse might take time off from work. Make sure you adjust your budget in advance for additional expenses and any change in income.
- If you don’t already have an emergency fund, start one. An amount that’s approximately three to six months of household expenses is a general guideline. If that amount seems overwhelming, start with saving \$1,000 first, then build from there.

3 Start saving for education

- Consider setting up an automatic monthly transfer into a 529 college savings account for the benefit of your child. These plans grow tax-deferred, and withdrawals for qualified education expenses are tax-free. The earlier you begin setting money aside in a 529 account, the longer you may benefit.
- Rules around 529 plans vary from state to state, with each offering different costs, investment options, and—possibly— incentives. However, money invested in any 529 plan can be used for college in any state.

Recent tax reform legislation changes allow 529 plans to be used for elementary and secondary education tuition expenses, up to \$10,000 per beneficiary per year. While distributions from 529 college savings plans for elementary or secondary education tuition expenses are federal tax-free, state tax treatment will vary and could include state income taxes assessed, the recapture of previously deducted amounts from state taxes, and/or state-level penalties. You should consult with a tax or legal advisor for additional information.

4 Create (or update) your estate plan

- After your new addition arrives, meet with an estate planning attorney. He or she can help you create a will (or revise an existing one) to direct where your assets will go and who will take care of your children after you die.
- Adding a new family member gives you an opportunity to review your beneficiaries for all life insurance policies and retirement accounts (401(k), IRA, etc.). Be sure to discuss this with your attorney as part of a complete estate plan.

5 Review your taxes (and withholding)

- You may be able to claim additional tax benefits, such as a \$2,000 child tax credit (depending on your income). Discuss your new addition with your tax preparer.
- If your taxes will be lower, you can increase your take-home pay by adjusting your Form W-4 for payroll withholding.

Your financial professional can help

A quick conversation with your financial professional can ensure you start off on the right track with the new addition to your family.

This material is provided for general and educational purposes only, and is not intended to provide legal, tax or investment advice. This material does not provide recommendations concerning investments, investment strategies or account types and is not intended to suggest any particular investment action is appropriate for you. Please consider your own circumstances before making an investment decision.

A 529 college savings plan's disclosure document includes investment objectives, risks, fees, expenses, and other information that you should read and consider carefully before investing. You should review the 529 plan offered by your home state or your beneficiary's home state and consider, before investing, any state tax or other state benefits, such as financial aid, scholarship funds, and protection from creditors that are only available for investments in such state's 529 plan.

All investments are subject to market risk, including the possible loss of principal.

T. Rowe Price Investment Services, Inc.

© 2024 T. Rowe Price. All Rights Reserved. T. ROWE PRICE, INVEST WITH CONFIDENCE, and the Bighorn Sheep design are, collectively and/or apart, trademarks of T. Rowe Price Group, Inc.